

### Activity 1

What is E-safety?

Research and write a short paragraph to answer this question.

### Activity 2

Define the vocabulary below:

Spam, Password, Tablet, Attachment, Download, Chatroom, Pop-up, Online communication, Hacker, Profile, Virus, Social Media

### Activity 3

Create a mind map with E-Safety in the centre and label 10 things you should do to stay safe online.

### Activity 4

Design a poster to help young people stay safe online. Use pictures, captions and text.

### Activity 5

What is a healthy lifestyle and how can you keep one?  
Research and list 10 top tips for having a healthy lifestyle. Present your top tips by designing a poster.