























WEEK 1 MENU

w/c - 01/11, 22/11, 13/12, 03/01,
24/01, 21/02, 14/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Sausage & Onion Gravy 	Chicken & Sweetcorn Quesadilla	Roast Chicken	Macaroni Cheese   	Fish Finger Bap
Main 2	Quorn Sausage & Gravy 	Vegetable Quesadilla 	Roasted Quorn Fillet & Gravy 	Chickpea and Spinach Curry 	Vegetable Plait 
Carbohydrates	Mashed Potato Wholemeal Penne Pasta 	Warm Lemon Cous-Cous or Wholemeal Penne Pasta 	Roasted Potatoes or Wholemeal Penne Pasta 	Braised Turmeric Rice or Wholemeal Penne Pasta 	Oven Baked Chips
Vegetables	Broccoli Garden Peas	Garden Peas Roasted Peppers	Fresh Glazed Carrots Savoy Cabbage	Broccoli Sweetcorn Mixed Salad	Garden Peas Baked Beans Mixed Salad 
Desserts	Chocolate Beetroot Cake  Organic Yoghurts 	Orange Jelly  Organic Yoghurts 	Autumn Fruit Cake and Custard Organic Yoghurts 	Apple cake Fresh Fruit Wedges Organic Yoghurts 	Mango Frozen Yoghurt Organic Yoghurts 

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

 **Future 50** Contains one or more of the top 50 most sustainable foods in the world!

 **Vegetarian**  **Vegan**  **Organic**

For allergen content please speak to member of staff who will be happy to assist



Working together

WEEK 2 MENU

w/c - 08/11, 29/11, 10/01, 31/01,
28/02, 21/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Sticky Honey Glazed Chicken Thigh	Wholemeal Cheese & Tomato Pizza	Roast Chicken	chicken Burger	Choose from: Oven Baked Breaded Fish (Pollock)
Main 2	Vegan Meatballs 	Cauliflower and Chickpea Curry 	Tomato and Sticky Onion Tart	Chinese Vegetable Noodles 	Homemade sausage roll
Carbohydrates	Braised Rice or Wholemeal Penne Pasta	Garlic Bread, Braised Rice or Wholemeal Penne Pasta	Roasted Potatoes or Wholemeal Penne Pasta	Boiled White and Brown Rice or Penne Pasta	Oven Baked Chips
Vegetables	Roasted Vegetables Mixed Salad	Coleslaw	Garden Peas Fresh Carrots and Diced Swede	Broccoli Florets Sweetcorn	Garden Peas Carrots Baked Beans
Desserts	Carrot & Apple Muffin Organic Yoghurts	Chocolate cake Organic Yoghurts	Autumn Cake Organic Yoghurts	Freshly Made Vanilla Cookie Organic Yoghurts	Bananas and Custard Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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Vegetarian



Vegan



Organic

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WEEK 3 MENU

w/c – 15/11, 6/12, 17/01, 07/02, 07/03, 28/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	BBQ Chicken Thigh	Pulled Chicken Burger	Roast Chicken	Cauliflower & Broccoli Crunchy Cheese Bake	Oven Baked Fish (Fingers)
Main 2	Vegan Potato and White Bean Chilli 	Southern Baked Quorn Burger, Bun & Salad 	Vegan Shepherdess Pie 	Roasted Vegetable Wholemeal Pasta Bake 	Quorn Dippers and Tomato Salsa
Carbohydrates	Braised Rice or Wholemeal Penne Pasta 	Half Jacket Potato or Wholemeal Penne Pasta 	Roast Potatoes or Penne Pasta 	Garlic and Parsley Bread or Penne Pasta 	Oven Baked Chips
Vegetables	Green Beans Half Corn Cob	Roasted Sweetcorn Broccoli Florets	Roasted Carrots Roasted Parsnips	Roasted Peppers Garden Peas	Garden Peas Baked Beans
Desserts	Lemon Curd Meringue Pizza Slice Organic Yoghurts 	Raspberry Jelly Organic Yoghurts 	Chocolate Bread & Butter Pudding Organic Yoghurts 	Apple & Rhubarb Fruit Plait Organic Yoghurts 	Raspberry Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist



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