





w/c - 01/11, 22/11, 13/12, 03/01, 24/01, 21/02, 14/03











Monday

Tuesday

Wednesday

Thursday

Friday

WORLS FOOD SAY

STREET FOOD DAY

ORIGINALS BAY

PLANET EARTH BAY

FRIBAY FAMOUR/TES

Sausage & Onion Gravy

Chicken & Sweetcorn
Ouesadilla

Roast Chicken

Macaroni Cheese

F50 V

Fish Finger Bap

Quorn Sausage & Gravy

Vegetable Quesadilla

Roasted Quorn
Fillet
& Gravy 🖑

Chickpea and Spinach Curry

Vegetable Plait 🗓

Mashed Potato Wholemeal Penne Pasta

Carbohydrates

Warm Lemon Cous-Cous or Wholemeal Penne Pasta

Roasted Potatoes or Wholemeal Penne Pasta

Braised Turmeric
Rice or
Wholemeal Penne
Pasta

Oven Baked Chips

Broccoli Garden Peas

Garden Peas Roasted Peppers Fresh Glazed Carrots Savoy Cabbage Broccoli Sweetcorn Mixed Salad Garden Peas
Baked Beans
Mixed Salad

Chocolate Beetroot
Cake Organic Yoghurts

Orange Jelly V

Autumn Fruit Cake and Custard Organic Yoghurts Apple cake Fresh Fruit Wedges Organic Yoghurts Mango Frozen Yoghurt Organic Yoghurts

AVAILABLE DATLY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!





of staff who will be happy to assist

For allergen content please speak to member









w/c - 08/11, 29/11, 10/01, 31/01, 28/02, 21/03











Monday

Tuesday

Wednesday

Thursday

Friday

WORLS FOOD SAY

PLANET EARTH BAY

ORIGINALS BAY

STREET FOOD SAY

FRIBAY FAVOURITES

Sticky Honey Glazed Chicken Thigh

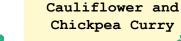
Wholemeal Cheese & Tomato Pizza

Roast Chicken

chicken Burger

Choose from: Oven Baked Breaded Fish (Pollock)

Vegan Meatballs



Tomato and Sticky Onion Tart

Chinese Vegetable Noodles

Homemade sausage roll



Braised Rice or Wholemeal Penne Pasta

Garlic Bread, Braised Rice or Wholemeal Penne

Pasta

Roasted Potatoes or Wholemeal Penne Pasta

Boiled White and Brown Rice or Penne Pasta

Oven Baked Chips

Carbohydrates

Roasted Vegetables Mixed Salad

Coleslaw

Garden Peas Fresh Carrots and Diced Swede

Broccoli Florets Sweetcorn

Garden Peas Carrots Baked Beans

Carrot & Apple Muffin Organic Yoghurts

Chocolate cake Organic Yoghurts

Autumn Cake Organic Yoghurts

Freshly Made Vanilla Cookie Organic Yoghurts

Bananas and Custard Organic Yoghurts

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Future 50 Contains foods in the world!









one or more of the top 50 most sustainable

For allergen content please speak to member of staff who will be happy to assist



w/c - 15/11, 6/12, 17/01, 07/02, 07/03, 28/03











Monday

Tuesday

Wednesday **Thursday**

Friday

STREET FOOD BAY

Worls foot say

ORIGINALS BAY

PLANET EARTH BAY

FRIBAY FAVOUR/TES

BBQ Chicken Thigh

Pulled Chicken Burger

Southern Baked

Roast Chicken

Cauliflower & Broccoli Crunchy Cheese Bake

Oven Baked Fish Fingers)

Vegan Potato and White Bean Chilli

Quorn Burger, Bun & Salad ve v F50



Vegan Shepherdess Pie

Roasted Vegetable Wholemeal Pasta Bake



Quorn Dippers and Tomato Salsa



Braised Rice Wholemeal Penne

Pasta

Half Jacket Potato Wholemeal Penne Pasta

Roast Potatoes or Penne Pasta

Garlic and Parsley Bread or Penne Pasta

Oven Baked Chips

Green Beans Half Corn Cob

Carbohydrates

Roasted Sweetcorn Broccoli Florets

Roasted Carrots Roasted Parsnips Roasted Peppers Garden Peas

Garden Peas Baked Beans

Lemon Curd Meringue Pizza Slice Organic Yoghurts

Raspberry Jelly Organic Yoghurts Chocolate Bread & Butter Pudding Organic Yoghurts

Apple & Rhubarb Fruit Plait Organic Yoghurts

Raspberry Organic Yoghurts

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